



THINGS TO BRING TO SAILING CLASS

If your child has a Coast Guard approved type 111 PFD (personal flotation device), they are welcome to bring it. Otherwise, life jackets will be provided. Students should also bring the following:

- Bathing suits or shorts
- Sunscreen – it's recommended that you apply before class
- Hat
- Sunglasses
- Bottle of water. Please keep in mind that 3 hours in the sun is a long time. We recommend lots of water, no sodas or sugary drinks. A plastic bottle frozen the night before works well.
- Towel
- Change of clothes
- Foul weather gear or a warm jacket, if weather conditions warrant
- Wearing of jewelry is discouraged for safety reasons.
- Close-toed water shoes. You want shoes that can get wet and not fall off during capsize drills.
- All students should come to class wearing clothes and shoes that they can expect to get wet. The first day of class includes time in the water so dress appropriately.
- Bring a tote bag or backpack to carry all of the above.
- Make sure your name is on all personal items.

ATTENDANCE

Students should be dropped off at the NYSS Boat House on South Beach (105 Bay Street) at 8:45 for morning sessions and 12:45 for afternoon sessions. No early drop offs are permitted. Children dropped off prior to 8:45 and 12:45 are not under supervision and are not the responsibility of NYSS. Additionally, class ends promptly at noon for the morning session and 4 pm for the afternoon session. If you cannot be at the Boat House to pick up your child, please make other arrangements.

Arriving to class on time is important. If a sailor arrives late, he or she will miss important information related to safety and day's activities.

Bad weather – class will be held regardless of weather. Safety is our first priority. If the weather is rainy or too windy, we'll do indoor activities.